

A

*Way Past Fabulous*

**First Grade Plan!**

[www.waypastfab.com](http://www.waypastfab.com)

Kelly Esposito 2013

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## The Plan

What is the plan? The plan is to make it through first grade! This is what we are doing for first grade or rather what we are planning to do for first grade. Some of this is leftover from kindergarten and some of this will inevitably end up rolling over into second grade. For you this might be a great plan for kindergarten or second or third grade. It doesn't matter! Use this plan in any way you see fit.

I have decided to divide up our year up into five six-week long sessions. We will have lessons that we work on in different intervals. Some lessons we will work on every day and some will occur only one day in each session. This just works for us! On page 17 is the sheet I am using to keep track of our lessons and to make sure I am doing everything that I set out to do. It doesn't mean I won't make changes of course.

The texts and references are listed starting on page 15. I will use all of these and more! If I find a great reference, I will be sure to post it on my blog *Way Past Fabulous* found at [www.waypastfab.com](http://www.waypastfab.com) Please join me on Teaching Tuesday to see what we have going on with our homeschool!

## The Plan

### 5 six-week sessions

#### Each day

30 min reading  
1 page journal

#### Each week

3 phonics lessons from workbook  
1 grammar lesson from workbook  
1 spelling lesson from workbook  
2 handwriting lessons from workbook  
3 math lessons from textbook  
3 math workbook sections  
1 art project  
1 reciting practice (two poems by the end of the year)  
1 music appreciation

#### Each six-week session

1 day health investigation (5 full days for year)  
2 days social studies investigations (10 full days for year)  
2 days science investigations (10 full days for year)

## The Session Dates

### Session 1

Week 1 Sept 1, 2013  
Week 2 Sept 8, 2013  
Week 3 Sept 15, 2013  
Week 4 Sept 22, 2013  
Week 5 Sept 29, 2013  
Week 6 Oct 6, 2013

### Session 2

Week 1 Oct 27, 2013  
Week 2 Nov 3, 2013  
Week 3 Nov 10, 2013  
Week 4 Nov 17, 2013  
Week 5 Nov 24, 2013  
Week 6 Dec 1, 2013

### Session 3

Week 1 Dec 29, 2013  
Week 2 Jan 5, 2014  
Week 3 Jan 12, 2014  
Week 4 Jan 19, 2014  
Week 5 Jan 26, 2014  
Week 6 Feb 2, 2014

### Session 4

Week 1 Feb 23, 2014  
Week 2 March 2, 2014  
Week 3 March 23, 2014  
Week 4 March 30, 2014  
Week 5 April 6, 2014  
Week 6 April 13, 2014

### Session 5

Week 1 May 4, 2014  
Week 2 May 11, 2014  
Week 3 May 18, 2014  
Week 4 May 25, 2014  
Week 5 June 1, 2014  
Week 6 June 8, 2014

## The Topics

**Math** (Subjects to cover in addition to textbook)

Calendar

Time

Money

Odd and Even

Symmetry

Shapes

2D/3D

## **Art** (in no particular order)

1. Create a Self portrait
2. Create a poster to promote bike safety (with health)
3. Create a poster to promote eating healthy foods (with health)
4. Create a decorative map (with social studies)
5. Native American Art project (with social studies)
6. Asian art project (with social studies)
7. South American art project (with social studies)
8. African art project (with social studies)
9. Religious art project (with social studies)
10. Create texture that you can feel with your eyes (use during the five senses)
11. Animal sketches (during animal studies)
12. Flower sketches (during plant studies)
13. Leaf print (during plant studies)
14. Create a flyer for a business (with social studies)
15. Art that goes with a musical selection (middle of year to go with music)
16. Papier-mâché
17. Lines – create a line picture such as the hand image
18. Patterns – create a wall paper pattern for your bedroom
19. Create a crayon/watercolor resist
20. Pick a famous artist and copy the style of the chosen artist using materials that you chose
21. Field trip to an art museum
22. Art in advertising – look for and cut out art in magazines
23. Draw a still life
24. Create an abstract piece
25. Create a piece using only dots (a pencil eraser and stamp ink)
26. Make a print
27. Discuss the use of masks and make a mask
28. Create a sculpture from clay
29. Make paper
30. Create a landscape painting or drawing

## Music

1. The orchestra layout
2. String section instruments
3. Woodwind section instruments
4. Brass section instruments
5. Percussion section instruments
6. Keyboard instruments
7. Vivaldi (listen to music for 30 min after a brief introduction to musician for all below)
8. Bach
9. Haydn
10. Mozart
11. Beethoven
12. Wagner
13. Tchaikovsky
14. Brahms
15. Mahler
16. Debussy
17. Stravinsky
18. Schoenberg
19. Gershwin
20. Copland
21. Bernstein
22. Peter and the Wolf (listen and discuss story)
23. Jazz (listen to music for 30 min after a brief introduction to the genre for all below)
24. Musical theater
25. Opera
26. Film
27. Review the orchestra seating
28. Listen to student's favorite music again
29. Listen to student's favorite music again
30. Discuss favorite pieces of music. Why are these pieces your favorite?

## Reciting

### Jabberwocky

Lewis Carroll

'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe;  
All mimsy were the borogoves,  
And the mome raths outgrabe.

“Beware the Jabberwock, my son!  
The jaws that bite, the claws that catch!  
Beware the Jubjub bird, and shun  
The frumious Bandersnatch!”

He took his vorpal sword in hand:  
Long time the manxome foe he sought—  
So rested he by the Tumtum tree,  
And stood a while in thought.

As as in uffish thought he stood,  
The Jabberwock, with eyes of flame,  
Came whiffling through the tulgey wood,  
And burbled as it came!

One, two! One, two! And through and through  
The vorpal blade went snicker-snack!  
He left it dead, and with its head  
He went galumphing back.

“And hast thou slain the Jabberwock?  
Come to my arms, my beamish boy!  
O frabjous day! Callooh! Callay!  
He chortled in his joy.

'Twas brillig, and the slithy toves  
Did gyre and gimble in the wabe;  
All mimsy were the borogoves,  
And the mome raths outgrabe.

## **The Owl And The Pussy-Cat**

Edward Lear

I

The Owl and the Pussy-cat went to sea  
In a beautiful pea green boat,  
They took some honey, and plenty of money,  
Wrapped up in a five pound note.  
The Owl looked up to the stars above,  
And sang to a small guitar,  
'O lovely Pussy! O Pussy my love,  
What a beautiful Pussy you are,  
You are,  
You are!  
What a beautiful Pussy you are!'

II

Pussy said to the Owl, 'You elegant fowl!  
How charmingly sweet you sing!  
O let us be married! too long we have tarried:  
But what shall we do for a ring?'  
They sailed away, for a year and a day,  
To the land where the Bong-tree grows  
And there in a wood a Piggy-wig stood  
With a ring at the end of his nose,  
His nose,  
His nose,  
With a ring at the end of his nose.

III

'Dear pig, are you willing to sell for one shilling  
Your ring?' Said the Piggy, 'I will.'  
So they took it away, and were married next day  
By the Turkey who lives on the hill.  
They dined on mince, and slices of quince,  
Which they ate with a runcible spoon;  
And hand in hand, on the edge of the sand,  
They danced by the light of the moon,  
The moon,  
The moon,  
They danced by the light of the moon.

## **Health Investigations** (5 total days for year)

### Day 1 – All about me

1. My responsibility to myself
2. Who am I and what do I like
3. Why I need to take care of myself
4. My place in the family
5. My place in the world

### Day 2- Taking care of my body

1. Healthy foods
2. Keeping clean
3. Exercising
4. My personal space
5. Talking to someone if there is a problem

### Day 3 – Being Safe at Home

1. Fire safety
2. Answering the door and phone
3. Calling 911
4. Scissors, stairs, bookcases and other surprise sources of danger and injury
5. Talking to someone if there is a problem

### Day 4 – Being Safe Away from Home

1. Car safety
2. Stranger danger
3. Bike safety
4. Pedestrian safety
5. Getting lost
6. Asking for help

### Day 5 – Germs and Bacteria

1. Washing hands
2. Brushing teeth
3. Poop
4. Handling food safely

## **Social Studies Investigations** (10 total days for year)

### Day 1 People and places in our community

1. Policemen, fire fighters, doctors, teachers and other community helpers
2. Political offices/ government employees
3. President of The United States
4. Businesses (restaurants, factories, stores)
5. Health businesses (doctors, dentists, specialists)
6. Social services (schools, hospitals, library, road maintenance)

### Day 2 Maps

1. What is a map
2. How are they used
3. Read some maps
4. Make some maps

### Day 3 The Fifty States

1. What are the states and why do we have them?
2. How many states?
3. All the states and their flags

### Day 4 What is culture and our American Culture/ Native American Culture

1. Define culture
2. Talk about American culture
3. Talk about Native American Culture

### Day 5 Africa and African culture including Egyptian culture

1. The continent
2. The climate
3. The people
4. The different cultures – food, dress, customs

### Day 6 Asia and Asian culture including Indian culture

1. The continent
2. The climate
3. The people
4. The different cultures – food, dress, customs

#### Day 7 South America and South American culture

1. The continent
2. The climate
3. The people
4. The different cultures – food, dress, customs

#### Day 8 Europe and European culture

1. The continent
2. The climate
3. The people
4. The different cultures – food, dress, customs

#### Day 9 The continents and oceans

1. Africa
2. Antarctica
3. Asia
4. Australia
5. Europe
6. North America
7. South America
8. Arctic Ocean
9. Atlantic Ocean
10. Indian Ocean
11. Pacific Ocean

#### Day 10 Major Religions of the World

1. Christians
2. Muslims
3. Hindus
4. Buddhists
5. Jews

## **Science Investigations** (10 total days for year)

### Day 1 Plants

1. What is a plant
2. Plant parts
3. Plant uses
4. How plants grow
5. Plant experiments

### Day 2 Plants

1. Life cycle
2. Identification
3. For food, beauty and poison
4. Plant experiments

### Day 3 Animals

1. What are animals
2. What are the types of animals (Animal Kingdom)

### Day 4 Animals - Mammals

1. Same stuff but different forms
2. Different habitats

### Day 5 Animals - Birds

1. Very different from mammals
2. Reasons for the differences
3. Habitats and adaptations

### Day 6 Human Body – 5 senses

1. See
2. Hear
3. Smell
4. Touch
5. Taste

### Day 7 Human Body – All the parts

1. Bones
2. Nervous system

Day 8 Human Body – All the parts II

1. Muscular system
2. Digestive system

Day 9 Human Body – All the parts III

1. Circulatory system
2. Other organs

Day 10 Scientific Method

1. History of science
2. Notebooks and keeping track
3. The scientific method

## **Resources/ Texts**

### **Language Arts**

Horizons Phonics and Reading Kindergarten from Alpha Omega Publications (we only made it through the first half of the lessons in kindergarten so we are working on workbooks 3 and 4 this year)

Handwriting Without Tears First Grade

Dr. Maggie's Phonics PreK-1 - Creative Teaching Press

Spelling & Poetry 1 – A Beka Books

Spectrum Reading Grade 1 Little Critter – School Specialty Publishers

My Best Bear Hug – Donna Alvermann

Little Duck Dance – Donna Alvermann

Grammar Book Grades 1-2 - Carson-Dellosa Kelley Wingate Publications

[www.spellingcity.com](http://www.spellingcity.com)

### **Math**

Primary Mathematics - Singapore Math Inc.

Kumon math workbooks – these are amazing!!

Money – Remedia Publications

### **Social Studies**

<http://www.eduplace.com/ss/maps/>

The Story of the World Ancient Times – Susan Bauer

Our Town- Elizabeth McKinnon

Let's Grow Smart – United States Workbook – Creative Edge

Let's Grow Smart – United States 2 Workbook – Creative Edge

Let's Grow Smart – World Landmarks – Creative Edge

Native Americans Customs, Costumes, Legends & Lore – Gina Capaldi

Postcard Projects Creative Ideas for Studying Our 50 States – Wilbur & Shepard

Maps To Color And Learn – Kappa Map Group

Learning About Maps – Milliken

## **Science**

Fun With Nature Take Along Guide – Northwood  
How Does My Garden Grow? – DK Publishing  
Science With Plants – Usborne  
Dinner From Dirt – Emily Scott & Catherine Duffy  
Discovering Plants and Animals – Rosie Seaman  
I Can Read About Planets – Darrow Schecter  
Earth's Treasures – Discovery Education  
All About the Weather – Discovery Education  
The Skeleton Inside You – Philip Balestrino  
The Human Body – Stacy Savran  
Let's Grow Smart - The Animal Kingdom – Creative Edge  
Easy Make & Learn Projects – Human Body – Scholastic

## **Art**

The Little Hands Art Book – Judy Press  
Structured activities (see attached list)

## **Music**

Private piano lessons  
Piano Lesson Book Level 1A- Palmer, Manus, Lethco  
The Story of the Orchestra – Robert Levine

## **Health**

Caring – Shirley Perich  
Can I Help? – Dr. Alvin Granowsky  
Horizons Health Grade 1 –Alpha Omega Publications  
Virtue Cards – We Choose Virtues

## **Other**

Local library  
Online resources  
Spectrum Test Prep Grade 1  
What Your First Grader Needs To Know – Edited by Hirsch

# Keeping Track

## Session

## Week

### Date

#### Monday

- 30 min reading
- 1 page journal

#### Tuesday

- 30 min reading
- 1 page journal

#### Wednesday

- 30 min reading
- 1 page journal

#### Thursday

- 30 min reading
- 1 page journal

#### Friday

- 30 min reading
- 1 page journal

### Each week

3 phonics ① ② ③

1 grammar ①

1 spelling ①

2 handwriting ① ②

3 math lessons ① ② ③

3 math workbook sections ① ② ③

1 art project (from list) ①

1 reciting (from list) ①

1 music appreciation (from list) ①

Puzzles, games, challenge

## Details

Phonics lessons completed

Handwriting pages completed

Math lessons completed

Math workbook sections completed

Art project

Reciting

Music Appreciation

Projects this week:

If you have questions or comments I would love to hear them!!

Visit me at *Way Past Fabulous* for Teaching Tuesday!

[www.waypastfab.com](http://www.waypastfab.com)